
AUTISM SPECTRUM DISORDER

How can Neurofeedback help?

Ground-breaking work with neuroplastic (brain learning) techniques is yielding results that are re-writing the book on what is possible in brain development.

Autism spectrum, dyslexia and developmental disorders are complex, and there are no 'one-size-fits-all' solutions.

Rewiring the brain is a step by step process; there are no quick fixes, but steady progress can be made.

Parents know what is working and what isn't, where their child struggles and where they don't. We recommend an integrated 'back to basics' approach; retraining the brain from the ground up.

Neurofeedback might be one component of the programme but is seldom the only treatment required in these cases and ongoing treatment may be required as there is no "cure" - rather an ongoing improvement in functioning to make life smoother.

Infra Slow Neurofeedback is the latest go-to therapeutic methodology in the USA.

Used in combination with Occupational and Speech Therapy, concentration and sensory processing improve allowing the effects of all other interventions to take hold faster.

Sleep and speech are also seen to improve with the use of ISF Neurofeedback.

www.calmyourmind.co.za

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